SUN	MON	TUE	WED	THUR	FRI	SAT	
DE(EMBER	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 1:45 PM Entertainment By Craig Murphy 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 5:30 PM Kinetic Sand	9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:30 PM Nail Spa	9:00 AM Daily Chronicle 10:00 AM Chair Exercise 10:30 AM Story Time 1:00 PM SingFit/Piano 1:30 PM IL Choir Christmas Program 2:00 PM Obie 3:00 PM Happy Hour & Entertainment By Jason Helman 3:00 PM Walking Club 3:30 PM Bubbles on the Patio 5:30 PM Styling Salon	9:00 AM Morning Stretch 10:00 AM Balloon Toss 10:30 AM Puzzles/Board Games 1:00 PM Hand Massage 1:30 PM Obie 3:00 PM SingFit 5:00 PM Mugs and Mingle 5:30 PM Movie Night with Popcorn	9:00 AM Chair Exercise 10:00 AM Balloon Toss 10:30 AM Mop Hockey 1:00 PM Adult Coloring 1:30 PM Obie 3:00 PM Noodle Ball 3:30 PM Board Games/Puzzles 5:30 PM Kinetic Sand	
Pearl Harbor 9:00 AM Chair Exercise 10:00 AM Adult Coloring 10:00 AM Church in AL 10:30 AM Obie 1:00 PM Puzzles/Board Games 1:30 PM Sensory Play 3:00 PM Kickball 5:30 PM Nail Spa	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 5:30 PM Kinetic Sand	9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:00 PM Santa's Sweet Spot with Santa (Family Welcome) 5:30 PM Nail Spa	9:00 AM Daily Chronicle 9:45 AM North Fort Worth Baptist Choirs Christmas Program 10:00 AM Chair Exercise 10:30 AM Story Time 1:00 PM SingFit/Piano 2:00 PM Obie 3:00 PM Walking Club 3:30 PM Bubbles on the Patio 5:30 PM Styling Salon	9:00 AM Morning Stretch 10:00 AM Balloon Toss 10:30 AM Puzzles/Board Games 1:00 PM Hand Massage 1:30 PM Obie 3:00 PM SingFit 5:00 PM Mugs and Mingle 5:30 PM Movie Night with Popcorn	9:00 AM Chair Exercise 10:00 AM Balloon Toss 10:30 AM Mop Hockey 1:00 PM Adult Coloring 1:30 PM Obie 3:00 PM Noodle Ball 3:30 PM Board Games/Puzzles 5:30 PM Kinetic Sand	
Hanukkah 9:00 AM Chair Exercise 10:00 AM Adult Coloring 10:00 AM Church in AL 10:30 AM Obie 1:00 PM Puzzles/Board Games 1:30 PM Sensory Play 3:00 PM Kickball 5:30 PM Nail Spa	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 3:00 PM Happy Hour & Entertainment By The DeMores 5:30 PM Kinetic Sand	9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:30 PM Nail Spa	9:00 AM Daily Chronicle 10:00 AM Chair Exercise 10:30 AM Story Time 1:00 PM SingFit/Piano 2:00 PM Obie 3:00 PM Walking Club 3:30 PM Bubbles on the Patio 5:30 PM Styling Salon	9:00 AM Morning Stretch 10:00 AM Balloon Toss 10:30 AM Puzzles/Board Games 1:00 PM Hand Massage 1:30 PM Obie 3:00 PM SingFit 5:00 PM Mugs and Mingle 5:30 PM Movie Night with Popcorn	9:00 AM Chair Exercise 10:00 AM Balloon Toss 10:30 AM Mop Hockey 1:00 PM Adult Coloring 1:30 PM Obie 3:00 PM Noodle Ball 3:30 PM Board Games/Puzzles 5:30 PM Kinetic Sand	
9:00 AM Chair Exercise 10:00 AM Adult Coloring 10:00 AM Church in AL 10:30 AM Obie 1:00 PM Puzzles/Board Games 1:30 PM Sensory Play 3:00 PM Kickball 5:30 PM Nail Spa	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 3:00 PM Happy Hour & Entertainment By Jerry Browning 5:30 PM Kinetic Sand	Christmas Eve 9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:30 PM Nail Spa	Christmas Day 9:00 AM Daily Chronicle 10:00 AM Chair Exercise 10:30 AM Story Time 1:00 PM SingFit/Piano 2:00 PM Obie 3:00 PM Walking Club 3:30 PM Bubbles on the Patio 5:30 PM Styling Salon	9:00 AM Morning Stretch 10:00 AM Balloon Toss 10:30 AM Puzzles/Board Games 1:00 PM Hand Massage 1:30 PM Obie 3:00 PM SingFit 5:00 PM Mugs and Mingle 5:30 PM Movie Night with Popcorn	9:00 AM Chair Exercise 10:00 AM Balloon Toss 10:30 AM Mop Hockey 1:00 PM Adult Coloring 1:30 PM Obie 3:00 PM Noodle Ball 3:30 PM Board Games/Puzzles 5:30 PM Kinetic Sand	
9:00 AM Chair Exercise 10:00 AM Adult Coloring 10:00 AM Church in AL 10:30 AM Obie 1:00 PM Puzzles/Board Games 1:30 PM Sensory Play 3:00 PM Kickball 5:30 PM Nail Spa	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 3:00 PM Happy Hour & Entertainment By Chris Journeay 5:30 PM Kinetic Sand	New Year's Eve 9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:30 PM Nail Spa			ACTIVITY GUIDELINES Activities are subject to change at any time without notice. Thank you for understnding	
Decemb	er 2025		DICOVERY VILLAGE AT ALLIANCE TOWN CENTER By Discovery Senior Living				

MON TUE THUR 8:15 Full Body Exercise with Megan (Rehab)
(FC)
8:15 Morning Walk (FC)
9:15 Total Body Fitness (FC)
9:26 Total Body Fitness (FC)
9:26 Trib Balas Holocaust Human
Rights Museum (Sign Up on the second
floor) (Meet us in the Front Entrance)
10:15 Playing Beanbag Toss (CY)
10:30 Chair Yoga (FC) Free Table Friday Ends at 4 P.M. 8:15 Full Body Exercise with Megan (Rehab) (FC) Free Table Starts at 8:15 Morning Walk (FC) 9:00 Men's Coffee & 3P.M. 8:15 Morning Walk (FC) 9:15 Stretching & Relax 8:15 Full Body Exercise with Megan (Rehab) (FC) Conversation (SL) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) (FC) 10:00 Water Volleyball 9:15 Stretching & Relax (FC) 8:15 Morning Walk (FC) 9:00 Blood Pressure Check (M) 10:00 Choir Practice (3CH) 10:00 Spinners Dominoes (M) 10:00 Smoothies (FC) 10:15 Playing Passwords (M) 10:30 Pictures with Santa (DH) 10:30 Water Aerobics (Pool) 10:00 Vendor- Look Beautiful Boutique 10:30 Chair Yoga (FC) 1:00 Grief Share (3rd Floor Game Room) 10:30 Water Aerobics (Pool) 9:15 Total Body Fitness (FC) 10:30 Saturday Brunch (Sign Up at the Concierge Desk) (DH) 1:15 Resident Led -Playing Oops Card (CL) 10:15 Playing LCR Bring 4 Quarters (CL) 10:15 Playing Jeopardy (M) 10:30 Weights & Bands (FC) 10:30 Catholic Communion (3- CH) 11:00 Vendor- Mary Kay (CL) 1:00 Spinners Lourineses (M) 1:15 Frize Bingo (AR) 1:15 Help, Health & Wellness with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Holying Mahjong (M) 1:00 Pinochle (M) 1:00 Chair Yoga (FC) 10:30 Chair Yoga (FC)
1:00 Movie Monday "Our Little Secret" (M) 11:00 Device Help (M) 1:15 Playing Blank Slate (M) 1:15 Playing Beanbag Baseball (FC) :00 Rummikub (M) Game (M) 1:30 Resident Led Bible Study with Donna 1:15 Dancing Class (FC) 1:15 Craft (AR) 2:00 Color By Number (AR) 2:00 Playing Manjous (\*\*\*) 3:00 Bridge (3-GR) 3:00 Collaborative Hand & Foot (Card Game) (M) 3:00 Discovery Village Choir Performs (DH) 115 Dance Class (FC) 2:00 Moving For Better Balance (FC) 3:00 Afternoon Walks with Jeremiah (FC) 2:00 Balance Class (FC) 3:00 \$1 Bingo (DH) 3:00 Drum Cardio (FC) 2:00 Adult Coloring (AR) (3-CH) 3:00 Drum Cardio (FC) 2:00 Bridge (3-GR)

3:00 Book Swap (AR) 2:00 Mind Fit (FC) 3:00 Discovery Village Choir Performs (DH) 3:00 Tai Chi (FC) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:30 Poker (SL) 3:00 Weights & Bands (FC) 3:00 Happy Hour (DH) 4:15 Afternoon Walks with Jeremiah (FC) 4:00 Hand & Foot Card Game (Sign Up on 4:30 Burger Night (Sign Up at 4:00 Hand & Foot Card Game (M) the second Floor) (M) 4:00 Game Joker's Wild (M) 4:15 Cookies in the Cafe (CL) the Concierge Desk) (DH) 5:30 Poker (SL) 4:00 Playing Samba (3-GR) 11:00 Poker (SL) 8:15 Full Body Exercise with Megan (Rehab) 9:30 Resident Led Sunday 8:15 Morning Walk (FC) 3:15 Full Body Exercise with Megan (Rehab) 8:15 Morning Walk (FC) 8:15 Full Body Exercise with 8:45 Men's Breakfast 9:15 Stretching & Relax (FC) 9:15 Stretching & Relax (FC) Megan (Rehab) (FC) School (3-GR) 8:15 Morning Walk (FC) :15 Morning Walk (FC) Our Brunch Spot 10:15 Playing Passwords (M) 8:15 Morning Walk (FC) 11:00 Church Service (3-CH) 15 Total Body Fitness (FC) 0:00 Choir Practice (3CH) 10:00 Smoothies (FC) :15 Total Body Fitness (FC) 0:15 Playing Beanbag Toss (CY) (Sign Up on the 10:00 Vendor- P.I House of 10:15 Playing Beanhag Toos (CY)
11:00 Lunch Trip Mercado Juarez
(Meet us in the Front Entrance)
10:00 Grief Share (grid Floor Game Room)
10:15 Help, Health & Wellness with Jereminh (FC)
20:00 Balance (Loss (FC)
2:00 Blainge (Sale)
2:00 Bridge (Sale)
3:00 Bridge (Sale)
3:00 Gridge (Grid Game)
3:00 Bridge (Sale)
3:00 Callaborative Hand & Foot (Card Game) (M)
3:00 Tal Chi (FC) occial with Discovery at Home (DH)
3:00 Tal Chi (FC) occial with Discovery at Home (DH) 10:30 Water Aerobics (Pool) 9:00 Blood Pressure Check (M) 2:00 Chicken Foot Domino second floor) (Meet us 10:00 Spinners Dominoes (M) 10:15 Playing LCR Bring 4 Quarters (CL) 10:30 Live Music North 9:15 Total Body Fitness (FC) Crafts Fall Wreaths (CL) Game (CL) in the Front Entrance) Fort Worth Baptist Church (DH) 10:15 Playing Jeopardy (M)
10:30 Weights & Bands (FC) 10:30 Chair Yoga (FC) 1:00 Movie Monday " Christmas with the Kranks" (M) 10:15 Making Christmas Cards (AR) 2:00 Pinochle (3-GR) 9:00 Men's Coffee & Conversation 1:00 Movie Monday "Christmas with the Kranks" (M) 1:15 Dance Clase (MB) Sweaters (AB) 1:15 Health Talk with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Balance Class (FC) 2:00 Feet Hearing Clinic (Health Talk with Jeremiah (FC) 2:00 Feet Hearing Clinic (Health Humo Care Office) 3:00 Afternoon Walks with Jeremiah (FC) 3:00 Christmas Bingo (DH) 4:00 Hand & Foot Card Game (Sign Up on the second office) 3:00 Christmas Bingo (DH) 4:00 Hand & Foot Card Game (Sign Up on the second office) 3:00 Christmas Bingo (DH) 4:00 Hand & Foot Card Game (Sign Up on the second office) 3:00 Christmas Bingo (DH) 4:00 Hand & Foot Card Game (Sign Up on the second office) 3:00 Christmas Bingo (DH) 4:00 Hand & Foot Card Game (Sign Up on the second office) 3:00 Christmas Bingo (DH) 4:00 Christmas Christm 1:00 Chair Yoga (FC) 10:30 Water Aerobics (Pool) 2:00 Playing Farkle (M) 1:15 Playing Blank Slate (M) 11:00 Device Help (M) 10:30 Catholic Communion (3- CH) 2:30 Spinners Dominoes (M) 1:30 Painting with Charice (AR) 1:30 Resident Led Bible Study with Donna 10:00 Water Volleyball (Pool) 1:00 Rummikub (M) 3:00 Class for Beginners "Hand & 1:00 Pinochle (M) 1:15 Dancing Class (FC) 1:15 Resident Led -Playing Oops Card 1:15 Playing Beanbag Baseball (FC) Foot" (DH) 2:00 Balance Class (FC) Game (M) 2:00 Color By Number (AR) 4:00 Book Swap (AR) 2:00 Mind Fit (FC) 3:00 \$1 Bingo (DH) 3:00 Drum Cardio (FC) 2:00 Adult Coloring (AR) 3:00 Drum Cardio (FC) 3:00 Tai Chi (FC)
4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M)
5:30 Poker (SL)
6:00 Christmas Light Tour Sign Up on the second floor (Meet us in the Front Entrance) 3:00 Happy Hour with Select Rehab 4:00 Discovery Village Sing Along 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:00 Dinner Out: Towne Grill (Sign Up on the second floor) (Meet us in the Front Entrance) 5:30 Poker (SL) 3:00 Weights & Bands (FC) 2:00 Bridge (3-GR) 4:15 Afternoon Walks with Jeremiah (FC) 4:30 Breakfast Dinner (Sign Up at 4:00 Hand & Foot Card Game (M) 4:00 Game Joker's Wild (M) 4:15 Cookies in the Cafe (CL) 4:00 Playing Samba (M) the Concierge Desk) (DH) 4:00 Playing Samba (3-GR) 5:30 Poker (SL) 8:15 Full Body Exercise with Megan (Rehab) 9:30 Resident Led 8:15 Full Body Exercise with Megan 8:15 Morning Walk (FC) 8:15 Full Body Exercise with 8:15 Morning Walk (FC) 9:00 Men's Coffee & (Rehab) (FC) 8:15 Morning Walk (FC) (PC)
Strip Monling Walk (PC)
9:15 Total Body Fitness (PC)
9:15 Leo Adams Middle School Choir Caroling (DH) Megan (Rehab) (FC) 9:15 Stretching & Relax (FC) Conversation (SL) 9:15 Stretching & Relax (FC) Sunday School (3-GR) 20 10:30 Water Aerobics (Pool) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:15 Playing Passwords 10:00 Water Volleyball 11:00 Church Service 0:00 Blood Pressure Check (M) 10:00 Choir Practice (3CH) 10:00 Spinners Dominoes (M) 10:30 Catholic Communion (3-(3-CH) 9:15 Total Body Fitness (FC) (Pool) 10:00 Spinners Dominoss (M)
10:15 Playing LCR Bring 4 Quarters (CL)
10:30 Chair Yoga (FC)
1200 Movic Monday "Falling for Christmas" (M)
1:15 Dance Class (FC)
1:15 Making Gingerbread Houses (Sign Up) (AR)
2:00 Balance Class (FC) CH) 10:30 Water Aerobics (Pool) 1:00 Christmas Lunch 1 (Sign Up at 10:15 Playing Jeopardy (M) 2:00 Chicken Foot Dominoes 1:15 Resident Led -Playing Oops 1:00 Chair Yoga (FC) 10:30 Weights & Bands (FC) the Concierge Desk) (DH) Game (CL) Card Game (M) 1:00 Pinochle (M) 1:15 Playing Blank Slate (M) 11:00 Device Help (M) 1:00 Grief Share (3rd Floor Game Room) 1:00 Spinners Dominoes (M) 2:00 Adult Coloring (AR) 2:00 Pinochle (3-GR) 1:15 Christmas Lunch 2 (Sign Up at the 1:30 Resident Led Bible Study with 1:00 Rummikub (M) 1:00 Spinners Dominoes (M) 1:15 Decorating Cookies (AR) 1:15 Help, Health & Wellness with Jeremiah (FC) Concierge Desk) (DH) 1:15 Dancing Class (FC) 2:00 Playing Farkle (M) Donna (3-CH) 2:00 Bridge (3-GR) 1:15 Playing Beanbag Baseball (FC) 2:00 Color By Number (AR) 2:00 Balance Class (FC) 2:00 Renewed Strength (3rd Floor Game Room) 3:00 Afternoon Walks with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Mind Fit (FC) 3:00 Trinity Dance Company 2:30 Spinners Dominoes (M) 3:00 \$1 Bingo (DH) 3:00 Atternoon Walks with Jeremiah (FC)
3:00 Live Music Phil Rodgers B.Y.O.B. (DH)
4:00 Hand & Foot Card Game (Sign Up on the
second Floor) (M)
5:30 Poker (SL)
6:00 Residents Council Meeting (AR) 2:00 Moving for Setter Balance (FC)
2:00 Playing Mahjong (M)
3:00 Bridge (3-GR)
3:00 Collaborative Hand & Foot (Card Game) (M)
3:00 Tai Chi (FC)
4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 3:00 Happy Hour with Overture (DH) 3:00 Class for Beginners Voice of Christmas (DH) 3:00 Drum Cardio (FC) 3:00 Drum Cardio (FC) 4:00 Game Joker's Wild (M) 4:15 Afternoon Walks with Jeremiah (FC) 4:15 Cookies in the Cafe (CL) "Hand & Foot" (DH) 3:00 Weights & Bands (FC) 4:00 Hand & Foot Card Game 4:00 Playing Samba (3-GR) 6:30 The Word & Music Bible Study with 4:00 Playing Samba (M) Ron & Particia (3CH) 5:30 Poker (SL) Christmas Eve 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Full Body Exercise with Megan NO BUS LOOP 9:30 Resident Led 8:15 Morning Walk (FC) 9:00 Men's Coffee 8:15 Full BODY Exercise With Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:00 Spinners Dominoes (M) 10:15 Playing LCR Bring 4 Quarters (CL) Christmas 8:15 Full Body Exercise with Megan (Rehab) (FC) Sunday School (3-GR) 9:15 Stretching & Relax (FC)
9:15 Total Body Fitness (FC)
10:15 Mobility Device Check & Health Talk with Discovery at Home (M)
10:15 Playing Beanbag Toss (CY) & Conversation 8:15 Morning Walk (FC) 11:00 Church Service (FC) Dau 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Playing Jeopardy (M) 10:30 Weights & Bands (FC) 10:00 Smoothies (FC) (3-CH) 10:00 Water Volleyball (Pool) 10:30 Water Aerobics (Pool) 2:00 Chicken Foot Dominoes io:30 Chair Yoga (FC) :00 Grief Share (3rd Floor Game Room) 10:30 Chair Yoga (FC) 1:00 Movie Monday " The Christmas Chronicles" 10:30 Catholic Communion (3- CH) 1:15 Resident Led -Playing Game (CL) 1:00 Spinners Dominoes (M) 1:15 Help, Health & Wellness with Jeremiah (FC) 1:15 VST Balance Screening with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Playing Mahjong (M) (M) 1:15 Craft (AR) 11:00 Device Help (M) 1:00 Pinochle (M) Oops Card Game (M) 2:00 Pinochle (3-GR) 1:00 Rummikub (M) 1:15 Craft (AR)
1:15 Dance Class (FC)
1:15 Helping with Fresh Flower Arrangements (AR)
1:15 Live Music by Steve Lane B.Y.O.B. (DH)
2:00 Balance Class (FC)
2:00 Moving For Better Balance (FC)
3:00 Afternoon Walks with Jeremish (FC)
4:00 Hand K. Rowt Card Game (Sign Up on the 1:15 Playing Beanbag Baseball (FC) 1:15 Dancing Class (FC) 2:00 Balance Class (FC) 2:00 Adult Coloring (AR) 2:00 Playing Farkle (M) 2:00 Color By Number (AR) 2-00 Pisying Manjong (M)
2-00 Pisying Manjong (M)
2-00 Pisying Cafe Hand & Foot (Card Game) (M)
2-00 Tail Chi (FC)
4-00 Hand & Foot Card Game (Sign Up on the second
Floor) (M)
4-20 Trip: ACF Candlelight Service (Sign Up on the second
floor) (Meet us in the Front Entrance)
5-20 Poker (SL) 3:00 \$1 Bingo (DH) 3:00 Drum Cardio (FC) 2:30 Spinners Dominoes (M) 2:00 Bridge (3-GR) 3:00 Drum Cardio (FC) 3:00 Class for Beginners 4:15 Afternoon Walks with Jeremiah (FC) 4:00 Hand & Foot Card 3:00 Weights & Bands (FC) "Hand & Foot" (DH) 4:15 Cookies in the Cafe (CL)
4:15 Town Hall Meeting (DH) 4:30 Italian Dinner (Sign Up at Game (M) second Floor) (M) 5:30 Poker (SL) 4:00 Playing Samba (M) the Concierge Desk) (DH) 5:30 Poker (SL) 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:30 Resident Led 8:15 Morning Walk (FC) New Year's Eve 3:15 Full Body Exercise with Megan (Rehab) LOCATION KEY CY - Courtyard Sunday School (3-GR) 9:15 Stretching & Relax (FC) (FC) :15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 11:00 Church Service 10:15 New Resident 3-GR - 3 Floor Game DH - Dining Hall 9:15 Total Body Fitness (FC) 10:00 Anglican Communion (3-CH) Orientation (AR) (3-CH) 10:00 Spinners Dominoes (M) 10:15 Playing Beanbag Toss (CY) 10:30 Chair Yoga (FC) 1:00 Grief Share (3rd Floor Game Room) 10:30 Water Aerobics (Pool) Room 10:15 Playing LCR Bring 4 Quarters (CL) FC - Fitness Center 2:00 Chicken Foot Dominoes 10:30 Chair Yoga (FC)

1:00 Movie Monday" A Christmas Prince" (M) 10:30 Catholic Communion (3- CH) Game (CL) 1:00 Spinners Dominoes (M) 1:15 Help, Health & Wellness with Jeremiah (FC) 1:00 Pinochle (M) 3-CH - 3rd Floor M - Media Room 1:15 Help, Heatin & Weliness with Jeremian (FC)
2:00 Balance Class (FC)
2:00 Moving For Better Balance (FC)
2:00 Playing Malbjong (M)
3:00 Bridge (3-GR)
3:00 Tai Chi (FC) 2:00 Pinochle (3-GR) 1:15 Craft (AR) 1:15 Dance Class (FC) 1:15 Playing Beanbag Baseball (FC) Chapel 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Playing Farkle (M) 2:00 Color By Number (AR) SL - Sports Lounge 3:00 Discovery Village Book Club 2:30 Spinners Dominoes (M) 3:00 Afternoon Walks with Jeremiah (FC)
3:00 December Birthday Celebration (DH)
4:00 Hand & Foot Card Game (Sign Up on the AR - Activity Room (3-GR) 3:00 Class for Beginners 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 3:00 Drum Cardio (FC) "Hand & Foot" (DH) second Floor) (M) 5:30 Poker (SL) 4:00 New Year's Celebration with Doc Gibbs & Band CL - Cafe 3:00 Weights & Bands (FC) (DH) 5:30 Poker (SL) 4:00 Playing Samba (M)

## December 2025



