

SUN	MON	TUE	WED	THUR	FRI	SAT
	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 1:45 PM Entertainment By Craig Murphy 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 5:30 PM Kinetic Sand	9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:30 PM Nail Spa	9:00 AM Daily Chronicle 10:00 AM Chair Exercise 10:30 AM Story Time 1:00 PM SingFit/Piano 1:30 PM IL Choir Christmas Program 2:00 PM Obie 3:00 PM Happy Hour & Entertainment By Jason Helman 3:00 PM Walking Club 3:30 PM Bubbles on the Patio 5:30 PM Styling Salon	9:00 AM Morning Stretch 10:00 AM Balloon Toss 10:30 AM Puzzles/Board Games 1:00 PM Hand Massage 1:30 PM Obie 3:00 PM SingFit 5:00 PM Mugs and Mingle 5:30 PM Movie Night with Popcorn	9:00 AM Chair Exercise 10:00 AM Balloon Toss 10:30 AM Mop Hockey 1:00 PM Adult Coloring 1:30 PM Obie 3:00 PM Noodle Ball 3:30 PM Board Games/Puzzles 5:30 PM Kinetic Sand
Pearl Harbor 9:00 AM Chair Exercise 10:00 AM Adult Coloring 10:00 AM Church in AL 10:30 AM Obie 1:00 PM Puzzles/Board Games 1:30 PM Sensory Play 3:00 PM Kickball 5:30 PM Nail Spa	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 5:30 PM Kinetic Sand	9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:00 PM Santa's Sweet Spot with Santa (Family Welcome) 5:30 PM Nail Spa	9:00 AM Daily Chronicle 9:45 AM North Fort Worth Baptist Choirs Christmas Program 10:00 AM Chair Exercise 10:30 AM Story Time 1:00 PM SingFit/Piano 2:00 PM Obie 3:00 PM Walking Club 3:30 PM Bubbles on the Patio 5:30 PM Styling Salon	9:00 AM Morning Stretch 10:00 AM Balloon Toss 10:30 AM Puzzles/Board Games 1:00 PM Hand Massage 1:30 PM Obie 3:00 PM SingFit 5:00 PM Mugs and Mingle 5:30 PM Movie Night with Popcorn	9:00 AM Chair Exercise 10:00 AM Balloon Toss 10:30 AM Mop Hockey 1:00 PM Adult Coloring 1:30 PM Obie 3:00 PM Noodle Ball 3:30 PM Board Games/Puzzles 5:30 PM Kinetic Sand
Hanukkah 9:00 AM Chair Exercise 10:00 AM Adult Coloring 10:00 AM Church in AL 10:30 AM Obie 1:00 PM Puzzles/Board Games 1:30 PM Sensory Play 3:00 PM Kickball 5:30 PM Nail Spa	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 3:00 PM Happy Hour & Entertainment By The DeMores 5:30 PM Kinetic Sand	9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:30 PM Nail Spa	9:00 AM Daily Chronicle 10:00 AM Chair Exercise 10:30 AM Story Time 1:00 PM SingFit/Piano 2:00 PM Obie 3:00 PM Walking Club 3:30 PM Bubbles on the Patio 5:30 PM Styling Salon	9:00 AM Morning Stretch 10:00 AM Balloon Toss 10:30 AM Puzzles/Board Games 1:00 PM Hand Massage 1:30 PM Obie 3:00 PM SingFit 5:00 PM Mugs and Mingle 5:30 PM Movie Night with Popcorn	9:00 AM Chair Exercise 10:00 AM Balloon Toss 10:30 AM Mop Hockey 1:00 PM Adult Coloring 1:30 PM Obie 3:00 PM Noodle Ball 3:30 PM Board Games/Puzzles 5:30 PM Kinetic Sand
9:00 AM Chair Exercise 10:00 AM Adult Coloring 10:00 AM Church in AL 10:30 AM Obie 1:00 PM Puzzles/Board Games 1:30 PM Sensory Play 3:00 PM Kickball 5:30 PM Nail Spa	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 3:00 PM Happy Hour & Entertainment By Jerry Browning 5:30 PM Kinetic Sand	Christmas Eve 9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:30 PM Nail Spa	Christmas Day 9:00 AM Daily Chronicle 10:00 AM Chair Exercise 10:30 AM Story Time 1:00 PM SingFit/Piano 2:00 PM Obie 3:00 PM Walking Club 3:30 PM Bubbles on the Patio 5:30 PM Styling Salon	Kwanzaa 9:00 AM Morning Stretch 10:00 AM Balloon Toss 10:30 AM Puzzles/Board Games 1:00 PM Hand Massage 1:30 PM Obie 3:00 PM SingFit 5:00 PM Mugs and Mingle 5:30 PM Movie Night with Popcorn	9:00 AM Chair Exercise 10:00 AM Balloon Toss 10:30 AM Mop Hockey 1:00 PM Adult Coloring 1:30 PM Obie 3:00 PM Noodle Ball 3:30 PM Board Games/Puzzles 5:30 PM Kinetic Sand
9:00 AM Chair Exercise 10:00 AM Adult Coloring 10:00 AM Church in AL 10:30 AM Obie 1:00 PM Puzzles/Board Games 1:30 PM Sensory Play 3:00 PM Kickball 5:30 PM Nail Spa	9:00 AM Morning Stretch 10:00 AM Chair Volleyball 10:30 AM Obie 1:00 PM Sensory Play 1:00 PM SingFit 3:00 PM Crafty Monday 5:30 PM Hand Massage 6:00 PM Movie Night with Popcorn	9:00 AM Daily Chronicle 10:00 AM Move and Groove 10:30 AM Kickball 1:00 PM Bingo Bash 1:30 PM Obie 2:00 PM Hymns and Devotion 2:30 PM Ice Cream Social 3:00 PM Ball Drumming 3:00 PM Happy Hour & Entertainment By Chris Journey 5:30 PM Kinetic Sand	New Year's Eve 9:00 AM Chair Exercise 10:00 AM Noodle Ball 10:30 AM Obie 1:00 PM SingFit 1:30 PM Virtual Tour 3:00 PM Painting Party 3:30 PM Bowling 5:30 PM Nail Spa			ACTIVITY GUIDELINES Activities are subject to change at any time without notice. Thank you for understanding

December 2025

SUN	MON	TUE	WED	THUR	FRI	SAT
	1 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:00 Spinners Dominoes (M) 10:00 Vendor- Look Beautiful Boutique (CL) 10:15 Playing LCR Bring 4 Quarters (CL) 10:30 Chair Yoga (FC) 1:00 Movie Monday "Our Little Secret" (M) 1:15 Craft (AR) 1:15 Dance Class (FC) 2:00 Moving For Better Balance (FC) 3:00 Afternoon Walks with Jeremiah (FC) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:30 Poker (SL)	2 8:15 Morning Walk (FC) 9:15 Stretching & Relax (FC) 10:00 Smoothies (FC) 10:30 Water Aerobics (Pool) 10:30 Catholic Communion (3- CH) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Color By Number (AR) 3:00 Drum Cardio (FC) 3:00 Weights & Bands (FC) 4:30 Burger Night (Sign Up at the Concierge Desk) (DH)	3 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 9:30 Trip: Dallas Holocaust Human Rights Museum (Sign Up on the second floor) (Meet us in the Front Entrance) 10:15 Playing Beanbag Toss (CY) 10:30 Chair Yoga (FC) 1:00 Grief Share (3rd Floor Game Room) 1:15 \$1 Prize Bingo (AR) 1:15 Help, Health & Wellness with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Playing Mahjong (M) 3:00 Bridge (3-GR) 3:00 Collaborative Hand & Foot (Card Game) (M) 3:00 Discovery Village Choir Performs (DH) 3:00 Tai Chi (FC) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:30 Poker (SL)	4 Free Table Starts at 3P.M. 8:15 Morning Walk (FC) 9:15 Stretching & Relax (FC) 10:15 Playing Passwords (M) 10:30 Water Aerobics (Pool) 1:00 Vendor- Mary Kay (CL) 1:00 Chair Yoga (FC) 1:15 Playing Blank Slate (M) 1:30 Resident Led Bible Study with Donna (3-CH) 2:00 Mind Fit (FC) 3:00 Happy Hour (DH) 4:00 Game Joker's Wild (M) 4:00 Playing Samba (3-GR)	5 Free Table Friday Ends at 4 P.M. 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Playing Jeopardy (M) 10:30 Weights & Bands (FC) 11:00 Device Help (M) 1:00 Rummikub (M) 1:15 Dancing Class (FC) 2:00 Balance Class (FC) 3:00 \$1 Bingo (DH) 3:00 Drum Cardio (FC) 4:15 Afternoon Walks with Jeremiah (FC) 4:15 Cookies in the Cafe (CL) 11:00 Poker (SL)	6 9:00 Men's Coffee & Conversation (SL) 10:00 Water Volleyball (Pool) 10:30 Pictures with Santa (DH) 10:30 Saturday Brunch (Sign Up at the Concierge Desk) (DH) 1:15 Resident Led -Playing Oops Card Game (M) 2:00 Adult Coloring (AR) 2:00 Bridge (3-GR) 3:00 Book Swap (AR) 4:00 Hand & Foot Card Game (M)
7 9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (CL) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 3:00 Class for Beginners "Hand & Foot" (DH) 4:00 Book Swap (AR) 4:00 Discovery Village Sing Along (DH) 4:00 Playing Samba (M)	8 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:00 Spinners Dominoes (M) 10:15 Playing LCR Bring 4 Quarters (CL) 10:30 Chair Yoga (FC) 1:00 Movie Monday "Christmas with the Kranks" (M) 1:15 Dance Class (FC) 1:15 Decorating Ugly Sweaters (AR) 1:15 Health Talk with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Free Hearing Clinic (Health Home Care Office) 2:00 Moving For Better Balance (FC) 3:00 Afternoon Walks with Jeremiah (FC) 3:00 Christmas Bingo (DH) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:00 Diner Out: Towne Grill (Sign Up on the second floor) (Meet us in the Front Entrance) 5:30 Poker (SL)	9 8:15 Morning Walk (FC) 9:15 Stretching & Relax (FC) 10:00 Smoothies (FC) 10:00 Vendor- PJ House of Crafts Fall Wreaths (CL) 10:15 Making Christmas Cards (AR) 10:30 Water Aerobics (Pool) 10:30 Catholic Communion (3- CH) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Color By Number (AR) 3:00 Drum Cardio (FC) 3:00 Weights & Bands (FC) 4:30 Breakfast Dinner (Sign Up at the Concierge Desk) (DH)	10 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:15 Playing Beanbag Toss (CY) 10:30 Chair Yoga (FC) 1:00 Lunch Trip: Mercado Juarez (Meet us in the Front Entrance) 1:00 Grief Share (3rd Floor Game Room) 1:15 Help, Health & Wellness with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Playing Mahjong (M) 3:00 Bridge (3-GR) 3:00 Collaborative Hand & Foot (Card Game) (M) 3:00 Pie & Coffee Social with Discovery at Home (DH) 3:00 Tai Chi (FC) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:30 Poker (SL) 6:00 Christmas Light Tour (Sign Up on the second floor (Meet us in the Front Entrance)	11 8:15 Morning Walk (FC) 9:15 Stretching & Relax (FC) 10:15 Playing Passwords (M) 10:30 Water Aerobics (Pool) 10:30 Live Music North Fort Worth Baptist Church (DH) 1:00 Chair Yoga (FC) 1:15 Playing Blank Slate (M) 1:30 Painting with Charice (AR) 1:30 Resident Led Bible Study with Donna (3-CH) 2:00 Mind Fit (FC) 3:00 Happy Hour with Select Rehab (DH) 4:00 Game Joker's Wild (M) 4:00 Playing Samba (3-GR)	12 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Playing Jeopardy (M) 10:30 Weights & Bands (FC) 11:00 Device Help (M) 1:00 Rummikub (M) 1:15 Dancing Class (FC) 2:00 Balance Class (FC) 3:00 \$1 Bingo (DH) 3:00 Drum Cardio (FC) 4:15 Afternoon Walks with Jeremiah (FC) 4:15 Cookies in the Cafe (CL) 5:30 Poker (SL)	13 8:45 Men's Breakfast Our Brunch Spot (Sign Up on the second floor) (Meet us in the Front Entrance) 9:00 Men's Coffee & Conversation (SL) 10:00 Water Volleyball (Pool) 1:15 Resident Led -Playing Oops Card Game (M) 2:00 Adult Coloring (AR) 2:00 Bridge (3-GR) 4:00 Hand & Foot Card Game (M)
14 9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (CL) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 3:00 Class for Beginners "Hand & Foot" (DH) 4:00 Playing Samba (M)	15 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:00 Spinners Dominoes (M) 10:15 Playing LCR Bring 4 Quarters (CL) 10:30 Chair Yoga (FC) 1:00 Movie Monday "Falling for Christmas" (M) 1:15 Dance Class (FC) 1:15 Making Gingerbread Houses (Sign Up) (AR) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Renewed Strength (3rd Floor Game Room) 3:00 Afternoon Walks with Jeremiah (FC) 3:00 Live Music Phil Rodgers B.Y.O.B. (DH) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:30 Poker (SL) 6:00 Residents Council Meeting (AR)	16 8:15 Morning Walk (FC) 9:15 Stretching & Relax (FC) 10:30 Water Aerobics (Pool) 10:30 Catholic Communion (3- CH) 11:00 Christmas Lunch 1 (Sign Up at the Concierge Desk) (DH) 1:15 Christmas Lunch 2 (Sign Up at the Concierge Desk) (DH) 1:15 Playing Beanbag Baseball (FC) 2:00 Color By Number (AR) 3:00 Drum Cardio (FC) 3:00 Weights & Bands (FC) 6:30 The Word & Music Bible Study with Ron & Patricia (3CH)	17 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 9:30 Trip: WinStar Casino (Sign Up on the second floor) (Meet us in the Front Entrance) 9:30 Leo Adams Middle School Choir Caroling (DH) 10:15 Playing Beanbag Toss (CY) 10:30 Chair Yoga (FC) 1:00 Grief Share (3rd Floor Game Room) 1:15 Help, Health & Wellness with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Playing Mahjong (M) 3:00 Bridge (3-GR) 3:00 Collaborative Hand & Foot (Card Game) (M) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M)	18 8:15 Morning Walk (FC) 9:15 Stretching & Relax (FC) 10:15 Playing Passwords (M) 10:30 Water Aerobics (Pool) 1:00 Chair Yoga (FC) 1:15 Playing Blank Slate (M) 1:30 Resident Led Bible Study with Donna (3-CH) 2:00 Mind Fit (FC) 3:00 Happy Hour with Overture (DH) 4:00 Game Joker's Wild (M) 4:00 Playing Samba (3-GR)	19 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Playing Jeopardy (M) 10:30 Weights & Bands (FC) 11:00 Device Help (M) 1:00 Rummikub (M) 1:15 Dancing Class (FC) 2:00 Balance Class (FC) 3:00 \$1 Bingo (DH) 3:00 Drum Cardio (FC) 4:15 Afternoon Walks with Jeremiah (FC) 4:15 Cookies in the Cafe (CL) 5:30 Poker (SL)	20 9:00 Men's Coffee & Conversation (SL) 10:00 Water Volleyball (Pool) 1:15 Resident Led -Playing Oops Card Game (M) 2:00 Adult Coloring (AR) 2:00 Bridge (3-GR) 3:00 Trinity Dance Company Voice of Christmas (DH) 4:00 Hand & Foot Card Game (M)
21 9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (CL) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 3:00 Class for Beginners "Hand & Foot" (DH) 4:00 Playing Samba (M)	22 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:00 Spinners Dominoes (M) 10:15 Playing LCR Bring 4 Quarters (CL) 10:30 Chair Yoga (FC) 1:00 Movie Monday "The Christmas Chronicles" (M) 1:15 Craft (AR) 1:15 Dance Class (FC) 1:15 Helping with Fresh Flower Arrangements (AR) 1:15 Live Music by Steve Lane B.Y.O.B. (DH) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 3:00 Afternoon Walks with Jeremiah (FC) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:30 Poker (SL)	23 8:15 Morning Walk (FC) 9:15 Stretching & Relax (FC) 10:00 Smoothies (FC) 10:30 Water Aerobics (Pool) 10:30 Catholic Communion (3- CH) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Color By Number (AR) 3:00 Drum Cardio (FC) 3:00 Weights & Bands (FC) 4:30 Italian Dinner (Sign Up at the Concierge Desk) (DH)	24 Christmas Eve 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:15 Mobility Device Check & Health Talk with Discovery at Home (M) 10:15 Playing Beanbag Toss (CY) 10:30 Chair Yoga (FC) 1:00 Grief Share (3rd Floor Game Room) 1:15 Help, Health & Wellness with Jeremiah (FC) 1:15 VST Balance Screening with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Playing Mahjong (M) 3:00 Bridge (3-GR) 3:00 Collaborative Hand & Foot (Card Game) (M) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 4:20 Trip: ACF Candlelight Service (Sign Up on the second floor) (Meet us in the Front Entrance) 5:30 Poker (SL)	25 Christmas Day	26 NO BUS LOOP 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:00 Blood Pressure Check (M) 9:15 Total Body Fitness (FC) 10:15 Playing Jeopardy (M) 10:30 Weights & Bands (FC) 11:00 Device Help (M) 1:00 Rummikub (M) 1:15 Dancing Class (FC) 2:00 Balance Class (FC) 3:00 \$1 Bingo (DH) 4:15 Afternoon Walks with Jeremiah (FC) 4:15 Cookies in the Cafe (CL) 4:15 Town Hall Meeting (DH) 5:30 Poker (SL)	27 9:00 Men's Coffee & Conversation (SL) 10:00 Water Volleyball (Pool) 1:15 Resident Led -Playing Oops Card Game (M) 2:00 Adult Coloring (AR) 2:00 Bridge (3-GR) 4:00 Hand & Foot Card Game (M)
28 9:30 Resident Led Sunday School (3-GR) 11:00 Church Service (3-CH) 2:00 Chicken Foot Dominoes Game (CL) 2:00 Pinochle (3-GR) 2:00 Playing Farkle (M) 2:30 Spinners Dominoes (M) 3:00 Class for Beginners "Hand & Foot" (DH) 4:00 Playing Samba (M)	29 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:00 Choir Practice (3CH) 10:00 Spinners Dominoes (M) 10:15 Playing LCR Bring 4 Quarters (CL) 10:30 Chair Yoga (FC) 1:00 Movie Monday "A Christmas Prince" (M) 1:15 Craft (AR) 1:15 Dance Class (FC) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 3:00 Afternoon Walks with Jeremiah (FC) 3:00 December Birthday Celebration (DH) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 5:30 Poker (SL)	30 8:15 Morning Walk (FC) 9:15 Stretching & Relax (FC) 10:15 New Resident Orientation (AR) 10:30 Water Aerobics (Pool) 10:30 Catholic Communion (3- CH) 1:00 Pinochle (M) 1:15 Playing Beanbag Baseball (FC) 2:00 Color By Number (AR) 3:00 Discovery Village Book Club (3-GR) 3:00 Drum Cardio (FC) 3:00 Weights & Bands (FC)	31 New Year's Eve 8:15 Full Body Exercise with Megan (Rehab) (FC) 8:15 Morning Walk (FC) 9:15 Total Body Fitness (FC) 10:00 Anglican Communion (3-CH) 10:15 Playing Beanbag Toss (CY) 10:30 Chair Yoga (FC) 1:00 Grief Share (3rd Floor Game Room) 1:15 Help, Health & Wellness with Jeremiah (FC) 2:00 Balance Class (FC) 2:00 Moving For Better Balance (FC) 2:00 Playing Mahjong (M) 3:00 Bridge (3-GR) 3:00 Collaborative Hand & Foot (Card Game) (M) 4:00 Hand & Foot Card Game (Sign Up on the second Floor) (M) 4:00 New Year's Celebration with Doc Gibbs & Band (DH) 5:30 Poker (SL)	LOCATION KEY 3-GR - 3 Floor Game Room 3-CH - 3rd Floor Chapel AR - Activity Room CL - Cafe	CY - Courtyard DH - Dining Hall FC - Fitness Center M - Media Room SL - Sports Lounge	

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