

| SUN                                                                                                                                                                                        | MON                                                                                                                                                                                                                                     | TUE                                                                                                                                                                                                                                                                                         | WED                                                                                                                                                                         | THUR                                                                                                                                                                                                                                                     | FRI                                                                                                                                                                                                        | SAT                                                                                                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                            |                                                                                                                                                        |                                                                                                                                                                                                           | Activities are subject to change at anytime without notice                                                                                                                  | 9:00 AM Daily Chronicle<br>10:00 AM Chair Exercise<br>10:30 AM Story Time<br>1:00 PM SingFit/Piano<br>2:00 PM Obie<br><b>3:00 PM Happy Hour &amp; Entertainment by Revered Rock</b><br>3:00 PM Walking Club<br>3:30 PM Kickball<br>5:30 PM Styling Salon | 9:00 AM Morning Stretch<br>10:00 AM Balloon Toss<br>10:30 AM Puzzles/Board Games<br>1:00 PM Hand Massage<br>1:30 PM Obie<br>3:00 PM SingFit<br>5:00 PM Mugs and Mingle<br>5:30 PM Movie Night with Popcorn | 9:00 AM Chair Exercise<br>10:00 AM Balloon Toss<br>10:30 AM Mop Hockey<br>1:00 PM Adult Coloring<br>1:30 PM Obie<br>3:00 PM Noodle Ball<br>3:30 PM Board Games/Puzzles<br>5:30 PM Kinetic Sand                     |
| 9:00 AM Chair Exercise<br>10:00 AM Adult Coloring<br>10:00 AM Church in AL<br>10:30 AM Obie<br>1:00 PM Puzzles/Board Games<br>1:30 PM Sensory Play<br>3:00 PM Kickball<br>5:30 PM Nail Spa | 9:00 AM Morning Stretch<br>10:00 AM Chair Volleyball<br>10:30 AM Obie<br>1:00 PM Sensory Play<br>1:00 PM SingFit<br>3:00 PM Crafty Monday<br>5:30 PM Hand Massage<br>6:00 PM Movie Night with Popcorn                                   | 9:00 AM Daily Chronicle<br>10:00 AM Move and Groove<br>10:30 AM Kickball<br>1:00 PM Bingo Bash<br>1:00 PM Hymns and Devotion<br>1:30 PM Obie<br>2:30 PM Ice Cream Social<br>3:00 PM Ball Drumming<br><b>3:00 PM Happy Hour With Entertainment By Tony Walsh</b><br>5:30 PM Kinetic Sand     | 9:00 AM Chair Exercise<br>10:00 AM Noodle Ball<br>10:30 AM Obie<br>1:00 PM SingFit<br>1:30 PM Virtual Tour<br>3:00 PM Painting Party<br>3:30 PM Bowling<br>5:30 PM Nail Spa | 9:00 AM Daily Chronicle<br>10:00 AM Chair Exercise<br>10:30 AM Story Time<br>1:00 PM SingFit/Piano<br>2:00 PM Obie<br><b>3:00 PM Happy Hour with The Ukulele Band</b><br>3:00 PM Walking Club<br>3:30 PM Kickball<br>5:30 PM Styling Salon               | 9:00 AM Morning Stretch<br>10:00 AM Balloon Toss<br>10:30 AM Puzzles/Board Games<br>1:00 PM Hand Massage<br>1:30 PM Obie<br>3:00 PM SingFit<br>5:00 PM Mugs and Mingle<br>5:30 PM Movie Night with Popcorn | 9:00 AM Chair Exercise<br>10:00 AM Balloon Toss<br>10:30 AM Mop Hockey<br>1:00 PM Adult Coloring<br>1:30 PM Obie<br>3:00 PM Noodle Ball<br>3:30 PM Board Games/Puzzles<br>5:30 PM Kinetic Sand                     |
| 9:00 AM Chair Exercise<br>10:00 AM Adult Coloring<br>10:00 AM Church in AL<br>10:30 AM Obie<br>1:00 PM Puzzles/Board Games<br>1:30 PM Sensory Play<br>3:00 PM Kickball<br>5:30 PM Nail Spa | <b>Indigenous Peoples' Day</b><br>9:00 AM Morning Stretch<br>10:00 AM Chair Volleyball<br>10:30 AM Obie<br>1:00 PM Sensory Play<br>1:00 PM SingFit<br>3:00 PM Crafty Monday<br>5:30 PM Hand Massage<br>6:00 PM Movie Night with Popcorn | 9:00 AM Daily Chronicle<br>10:00 AM Move and Groove<br>10:30 AM Kickball<br>1:00 PM Bingo Bash<br>1:00 PM Hymns and Devotion<br>1:30 PM Obie<br>2:30 PM Ice Cream Social<br>3:00 PM Ball Drumming<br>5:30 PM Kinetic Sand                                                                   | 9:00 AM Chair Exercise<br>10:00 AM Noodle Ball<br>10:30 AM Obie<br>1:00 PM SingFit<br>1:30 PM Virtual Tour<br>3:00 PM Painting Party<br>3:30 PM Bowling<br>5:30 PM Nail Spa | 9:00 AM Daily Chronicle<br>10:00 AM Chair Exercise<br>10:30 AM Story Time<br>1:00 PM SingFit/Piano<br>2:00 PM Obie<br><b>3:00 PM Happy Hour With Entertainment by Jason Helman</b><br>3:00 PM Walking Club<br>3:30 PM Kickball<br>5:30 PM Styling Salon  | 9:00 AM Morning Stretch<br>10:00 AM Balloon Toss<br>10:30 AM Puzzles/Board Games<br>1:00 PM Hand Massage<br>1:30 PM Obie<br>3:00 PM SingFit<br>5:00 PM Mugs and Mingle<br>5:30 PM Movie Night with Popcorn | 9:00 AM Chair Exercise<br>10:00 AM Balloon Toss<br>10:30 AM Mop Hockey<br>1:00 PM Adult Coloring<br>1:30 PM Obie<br>3:00 PM Noodle Ball<br>3:30 PM Board Games/Puzzles<br>5:30 PM Kinetic Sand                     |
| 9:00 AM Chair Exercise<br>10:00 AM Adult Coloring<br>10:00 AM Church in AL<br>10:30 AM Obie<br>1:00 PM Puzzles/Board Games<br>1:30 PM Sensory Play<br>3:00 PM Kickball<br>5:30 PM Nail Spa | 9:00 AM Morning Stretch<br>10:00 AM Chair Volleyball<br>10:30 AM Obie<br>1:00 PM Sensory Play<br>1:00 PM SingFit<br>3:00 PM Crafty Monday<br>5:30 PM Hand Massage<br>6:00 PM Movie Night with Popcorn                                   | 9:00 AM Daily Chronicle<br>10:00 AM Move and Groove<br>10:30 AM Kickball<br>1:00 PM Bingo Bash<br>1:00 PM Hymns and Devotion<br>1:30 PM Obie<br>2:30 PM Ice Cream Social<br>3:00 PM Ball Drumming<br>5:30 PM Kinetic Sand                                                                   | 9:00 AM Chair Exercise<br>10:00 AM Noodle Ball<br>10:30 AM Obie<br>1:00 PM SingFit<br>1:30 PM Virtual Tour<br>3:00 PM Painting Party<br>3:30 PM Bowling<br>5:30 PM Nail Spa | 9:00 AM Daily Chronicle<br>10:00 AM Chair Exercise<br>10:30 AM Story Time<br>1:00 PM SingFit/Piano<br>2:00 PM Obie<br><b>3:00 PM Happy Hour with Entertainment by Chris Journey</b><br>3:00 PM Walking Club<br>3:30 PM Kickball<br>5:30 PM Styling Salon | 9:00 AM Morning Stretch<br>10:00 AM Balloon Toss<br>10:30 AM Puzzles/Board Games<br>1:00 PM Hand Massage<br>1:30 PM Obie<br>3:00 PM SingFit<br>5:00 PM Mugs and Mingle<br>5:30 PM Movie Night with Popcorn | 9:00 AM Chair Exercise<br>10:00 AM Balloon Toss<br>10:30 AM Mop Hockey<br>1:00 PM Adult Coloring<br>1:30 PM Obie<br>3:00 PM Noodle Ball<br>3:30 PM Board Games/Puzzles<br>5:30 PM Kinetic Sand                     |
| 9:00 AM Chair Exercise<br>10:00 AM Adult Coloring<br>10:00 AM Church in AL<br>10:30 AM Obie<br>1:00 PM Puzzles/Board Games<br>1:30 PM Sensory Play<br>3:00 PM Kickball<br>5:30 PM Nail Spa | 9:00 AM Morning Stretch<br>10:00 AM Chair Volleyball<br>10:30 AM Obie<br>1:00 PM Sensory Play<br>1:00 PM SingFit<br>3:00 PM Crafty Monday<br>5:30 PM Hand Massage<br>6:00 PM Movie Night with Popcorn                                   | 9:00 AM Daily Chronicle<br>10:00 AM Move and Groove<br>10:30 AM Kickball<br>1:00 PM Bingo Bash<br>1:00 PM Hymns and Devotion<br>1:30 PM Obie<br>2:30 PM Ice Cream Social<br>3:00 PM Ball Drumming<br><b>3:00 PM Happy Hour with Entertainment by Jerry Browning</b><br>5:30 PM Kinetic Sand | 9:00 AM Chair Exercise<br>10:00 AM Noodle Ball<br>10:30 AM Obie<br>1:00 PM SingFit<br>1:30 PM Virtual Tour<br>3:00 PM Painting Party<br>3:30 PM Bowling<br>5:30 PM Nail Spa | 9:00 AM Daily Chronicle<br>10:00 AM Chair Exercise<br>10:30 AM Story Time<br>1:00 PM SingFit/Piano<br>2:00 PM Obie<br>3:00 PM Walking Club<br>3:30 PM Kickball<br>5:30 PM Styling Salon                                                                  | 9:00 AM Morning Stretch<br>10:00 AM Balloon Toss<br>10:30 AM Puzzles/Board Games<br>1:00 PM Hand Massage<br>1:30 PM Obie<br>3:00 PM SingFit<br>5:00 PM Mugs and Mingle<br>5:30 PM Movie Night with Popcorn | <b>Halloween</b><br>9:00 AM Chair Exercise<br>10:00 AM Balloon Toss<br>10:30 AM Mop Hockey<br>1:00 PM Adult Coloring<br>1:30 PM Obie<br>3:00 PM Noodle Ball<br>3:30 PM Board Games/Puzzles<br>5:30 PM Kinetic Sand |

October 2026